

Hope Public Charitable Trust



Annual Report

2019 - 2020

Humanitarian Organisation for People's Empowerment

9940357791, 9841330330

www.hopechennai.com

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ABOUT US

Since 2015, this project is run by Hope Public Charitable Trust (HOPE "Humanitarian organization for people's Empowerment"). Through HPC Trust we provide basic education, health care service, fulltime rehabilitation to 53 abandoned boys and Adults. All the 53 members in this centre are Destitute, abandoned boys and Adult living with various Degrees (stages) of mental health problems. (Children suffering with intellectual deficiency, learning deficiency and memory skill deficiency).

Most of the persons are rescued by City Police and Social worker team from Public places roaming on the Roads and Streets, Platforms of Railway Station and Bus terminus in the city. The persons as above said as of the reasons to be brought under the legal statutory policy to provide rehabilitation and resettlement. Persons those who do not have proof of identification, no evidence of parent or guardian admitted in this centre for Care and Protection.

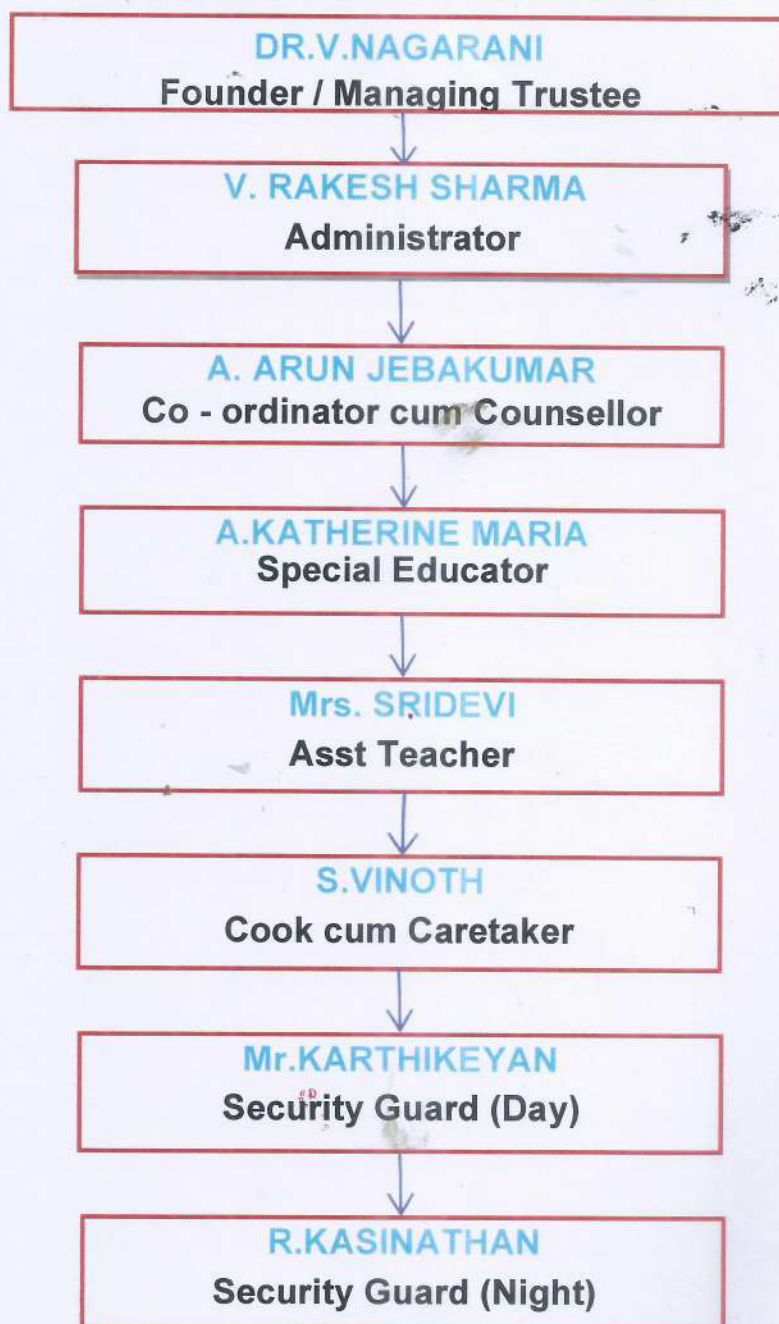
In our Care and protection centre, persons are given Basic education on Tamil language comprehension, reading, writing and understanding the basic social skills. Also they trained to learn simple mathematical scales and tables. We have vocational skills Training unit in the centre to provide to Training to earn reasonable money to establish self-business.

OUR OBJECTIVES OF THE TRAINING PROGRAM:

- *To provide need based and skill based vocational training.*
- *To create awareness on vocational training and rehabilitating the community.*
- *To discuss the process of vocational training and components of job analysis.*
- *To empower the trainees for self-advocacy.*
- *To make Persons with Disabilities self-dependent in related trades.*



**CARE AND PROTECTION CENTRE FOR MAN WITH
DEVELOPMENTAL DISABILITY**
ORGANIZATIONAL CHART



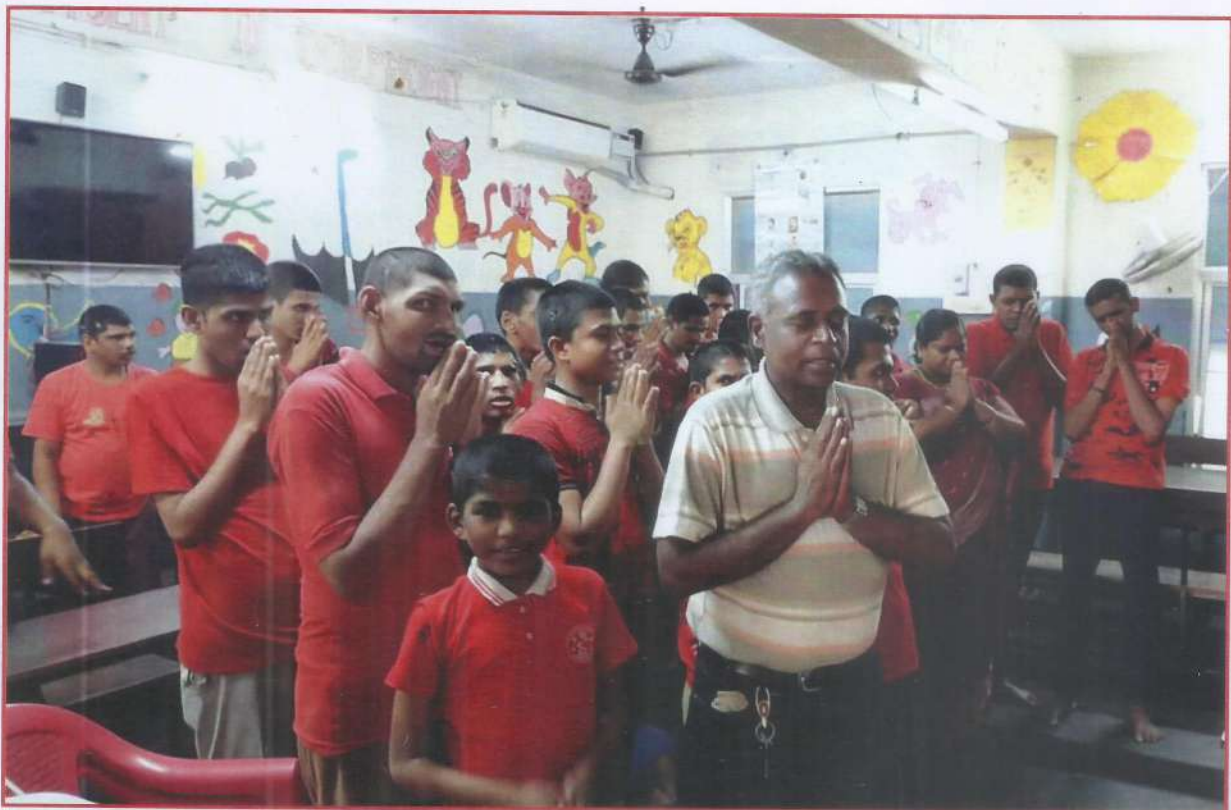
ANNUAL REPORT 2019-2020

The report summaries our efforts that we made for the abandoned intellectual disabled person in the Year 2019-2020. It provides an overview about the activities we carried out for the development of the inmates and the consequent achievements. The bigger and crucial contribution for what we achieved this year came from the generous cooperation of our Social workers, Rehabilitation professional and by support staff also as their feedback gives us impetus to work harder, we have given it a special mention in this Annual Report.

OUR DAILY ACTIVITY

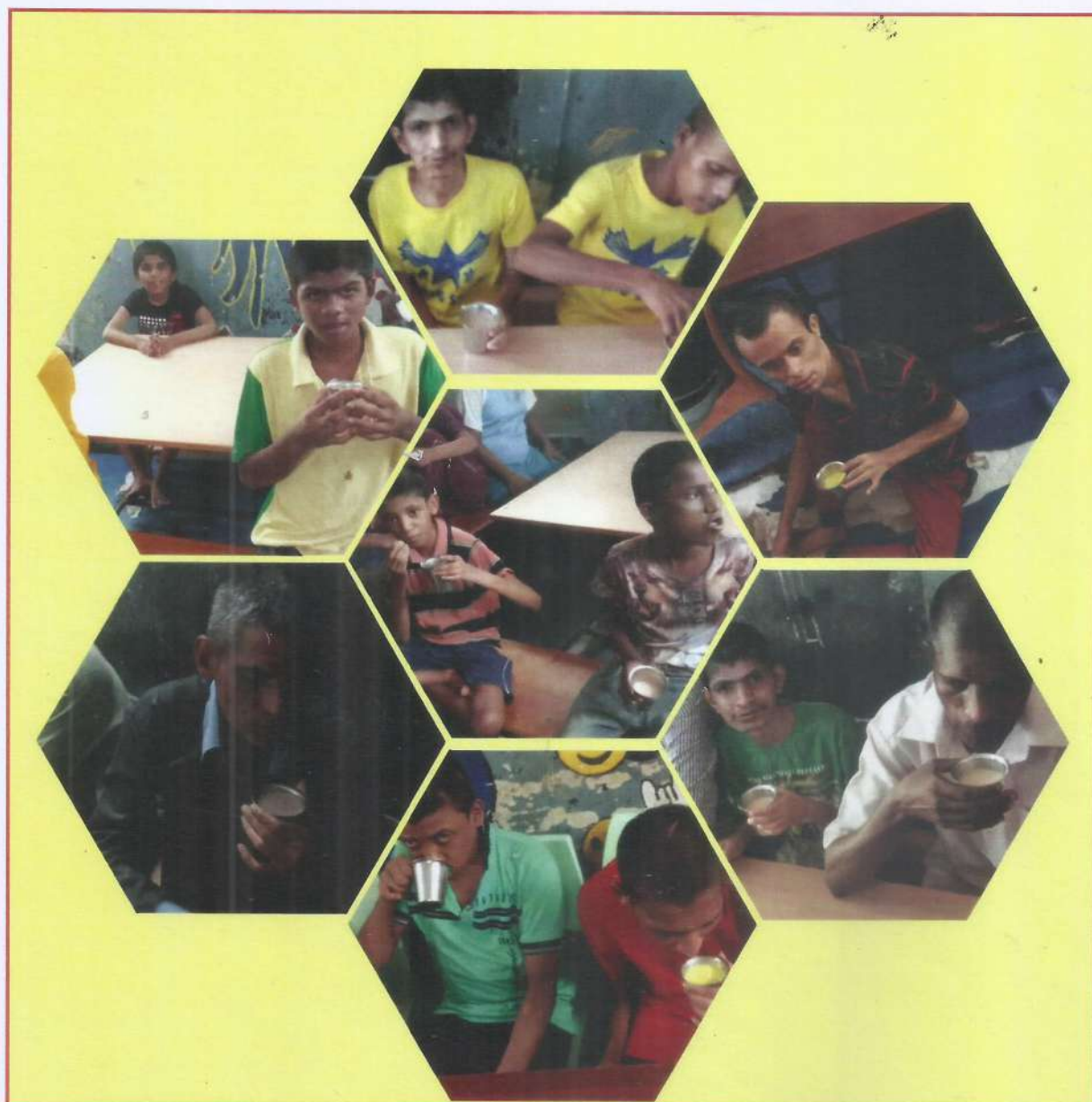
MORNING PRAYER

Our day starts by Morning Prayer which is a wonderful way to focus our time and attention on seeking God's plan for the day ahead. It encourages, gives peace, strength, or rest, God can meet our real and present needs when we come before Him with a humble heart. Seeking God's presence each morning before our energy and attention is pulled by all the tasks we have ahead.



TEA BREAK

Taking time to strengthen relationships over a cup of tea can be good for emotional and physical health. The health drink warms the body and adds health promoting substance relationship over a cup of tea can be good for emotional and physical health. The time spent in conversation with their friends and teachers can strengthen the social bond that enhances mental health and physical well-being.



PERSONAL HYGIENE

In the Students were taught to wash the hands stepwise before the meal time, after meals to keep them clean and as the result of these training the students learnt the steps to wash the hands and kept them clean.



FOOD TIME

Food provides energy and nutrients to keep the body and brain working through the afternoon. Not only nourishments to the body and brain it reduces stress and eating lunch provides a break from the activities of the day and gives energy for the rest of the afternoon.



FOOD MENU

DAY	BREAKFAST	LUNCH	DINNER
SUNDAY	Idly & Chatni	Chicken Biryani	Rava Uppuma & Chatni
MONDAY	Pongal & Sambar	Rice, Sambar, Poriyal, Rasam & Appalam	Idly & Sambar
TUESDAY	Poori & Kuruma	Tomato Rice, Sambar & Egg	Chappathi & Kuruma
WEDNESDAY	Dosai & Sambar	Veg Biryani & Kuruma	Pongal & Sambar
THURSDAY	Kichadi & Sambar	Sambar Satham & Poriyal	Samiya Uppuma & Chatni
FRIDAY	Idly & Sambar	Rice, Sambar, Rasam & Poriyal	Idly & Kuruma
SATURDAY	Chappathi & Kuruma	Puli satham, Sambar & Egg	Dosai & Sambar

DAY	MORNING	EVENING
SUNDAY	Tea & Biscuits	Complan & Bonda
MONDAY	Boost & White Channa	Tea & Black Channa
TUESDAY	Complan & Bonda	Horliks & Verkadalai
WEDNESDAY	Tea & Black Channa	Health mix & Mixture
THURSDAY	Horliks & Verkadalai	Boost & White Channa
FRIDAY	Health mix & Mixture	Tea & Biscuits
SATURDAY	Tea & Baji	Health Mix & Baji



CALENDAR OF EVENTS

APRIL EVENTS:

Students were taken to give awareness about the voting rights by performing Silambattam and Thappattam in the public places. Our Hope home is happy to inform that we have formed a cultural team called "Hope Kalai Kuzhu" by involving our hope home special children. Our cultural team performed in marriage function and in awareness campaigns. As a result, our hope boys experienced the full range of emotions during the awareness campaigns and it changed the life style and helped to shape them emotionally and made their dreams come true.



ASIA BOOK OF RECORDS:

Our Hope Special Children participated in the Asia Book of records for the Largest Hand wash Campaign conducted by 92.7 BIG FM on 21/03/2019. It's the first record made by our special-children in Asia Books of records.



On 21st June 2019 a team of 6 members from AMET UNIVERSITY from Chennai visited our shelter home and interacted with our children. They were happy about the inmates program ie Dance & Silambattam functions of the home and the special children enjoyed whole day.



AUGUST CELEBRATION AND EVENTS

Our Independence Day commemorated the brave young men who gave up their lives to liberate India and the farmers who is the backbone of our nation. The celebrations of 73rd Independence Day flavoured with patriotic fervour, zeal and zest made it a very unforgettable occasion. The whole ambience vibrated with the festivity, painting the Hope home premises in the flamboyant hues of tricolour – saffron, white and green.

The morning was marked with the benign presence of esteemed Chief Guests Lt.Col. C.Nirmala Iyer who hoisted the flag accompanied by Mr.Ranganathan after hoisting the flag the dove was released to commemorate our famers and a light was lighted by Mrs. Sridevi Sudhakar to honor our soldiers. The Chief Guest & the august audience present could savour & feel the ecstasy of liberated spirit and our entire boys enjoyed creating an awareness for stopping plastic bags and plastic upgradeable material. This rally started from Arumbakkam Anna arch to Shobana Babu statue at Mehat nagar.

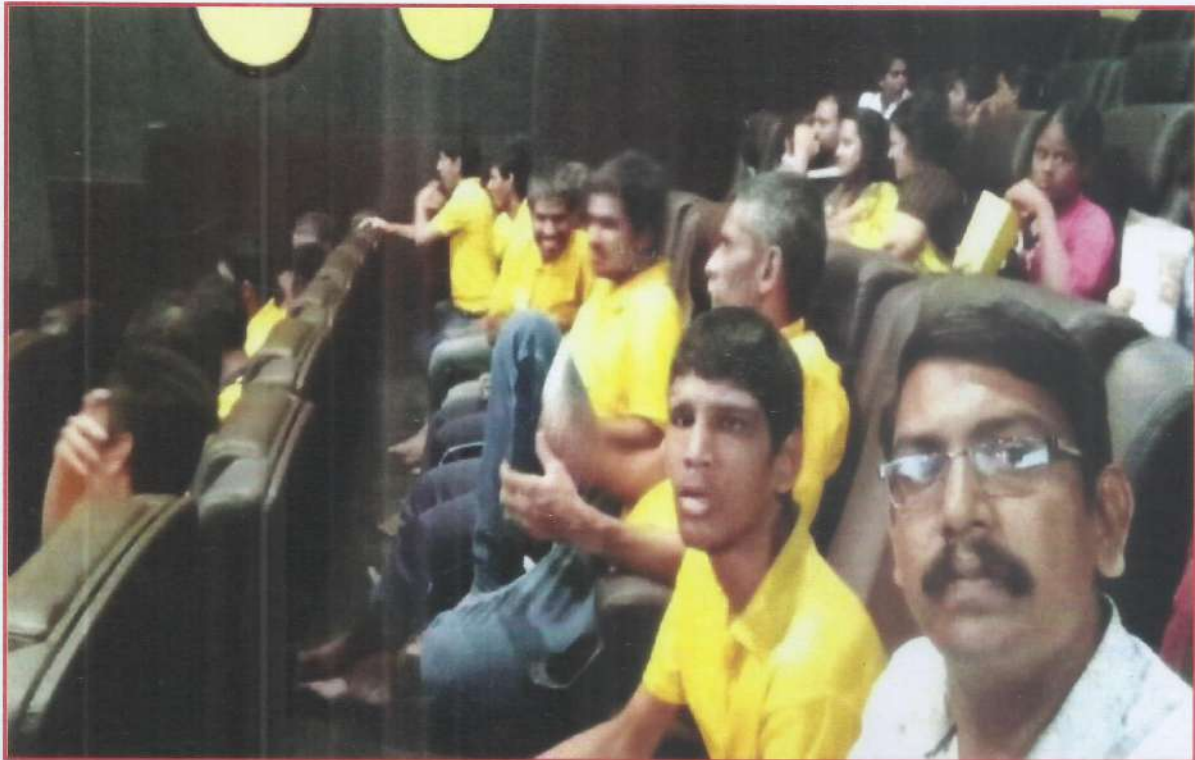


FLIM SHOW IN THE MONTH OF AUGUST 2019:

On 4th August 2019 our children went to Sathyam Theatre at Chennai enjoyed the matinee show English movie Frozen.



The month of August student were also taken to LION KING Film at Sathyam Cinimas they really enjoyed the film and it helped to develop the comprehension skills.



SEPTEMBER CELEBRATION AND EVENTS:

Teachers Day celebration at Aminjikarai Shelter Home. All the students and staff enjoyed the memorable day.



ONAM is the festival of flowers. We celebrated onam in our home on 09/11/2020 we impersonated our student as King Mahabali and all the students were involved to decorate the place with flowers which made our inmates happy and our staff gave a note about the importance of Onam.



OCTOBER CELEBRATION

On 10th October 2019 World Mental Health day Observed in our shelter home. Officers from Greater Chennai Corporation participated in the special meeting on Mental Health problems and its sequence. Students from MGR University also shared the few case study of Mental Health disorders.



20th October 2019 Grand Minnal Diwali was celebrated by our children, staffs, NGO's from Chennai & Volunteers. Donors and well wisher organized multiple entertainment programs for the Special children. This one day celebration took place at Greater Chennai Corporation community hall at Shenoy Nagar. The same day Dr.V.Nagarani Managing- Trustee Hope Trust, Rotract club president Mr. Rajan and his team members participated in the formal Inàuguration of



Rotarian G.Chandra Mohan RI - 3232 Governor Chennai inaugurating the Model Home during Minnal Diwali Function held on 20.10.2019 Upcoming building, Start-up of Residential Home for Special Children and vocational training centre at Annambedu village Kavya Garden next to Pattibaram in Ponnammallee Panchayat union .



NOVEMBER MONTH:

On 2nd November 2019 our home children and school children and staffs went to rohini Cinema threatre koyambedu enjoyed the movie BIGIL leading actor -Mr. Vijay. Free movie tickets and snacks sponsored by Siva Shakthi foundation Chennai.



On the occasion of Children's Day celebration Hope Handicraft Emporium was opened for Special employees and the guest of honour Mr.Vinoth Kumar MD and Mr.Muthuraman HR, TTI Global graced the occasion.



DECEMBER 2019 EVENTS:

On 28th Dec NCC Cadets from M.O.P Vaishnav College for women volunteered an event for our God's children at Santhome Disabled Friendly Park. There our students spent their valuable time with lots of games and activities. So, NCC cadets created an opportunity for our students to recreate their mind in peaceful manner. Our students involved in the sports events like basketball, swinger, seesaw, ball throw etc. By playing these kinds of activities it enhance the team spirit and dynamics among our students.



CHRISTMAS DAY CELEBRATION:



JANUARY 2020 EVENTS

On the occasion of 71st Republic day celebration to honor our army we titled our celebration as "Indian Army our Pride" and the students were made to participate in a rally to tell the society about the sacrifice of our Indian army. The rally was started from Hope home to Gill Nagar park and it was started by Mr. Muthu Ibrahim (PC) and then it was organized by volunteers from Hindu college. In this event, students from our home participated in the rally and then distributed pamphlets to the public. After that event, students participated in cultural activities which were organized by Volunteers.

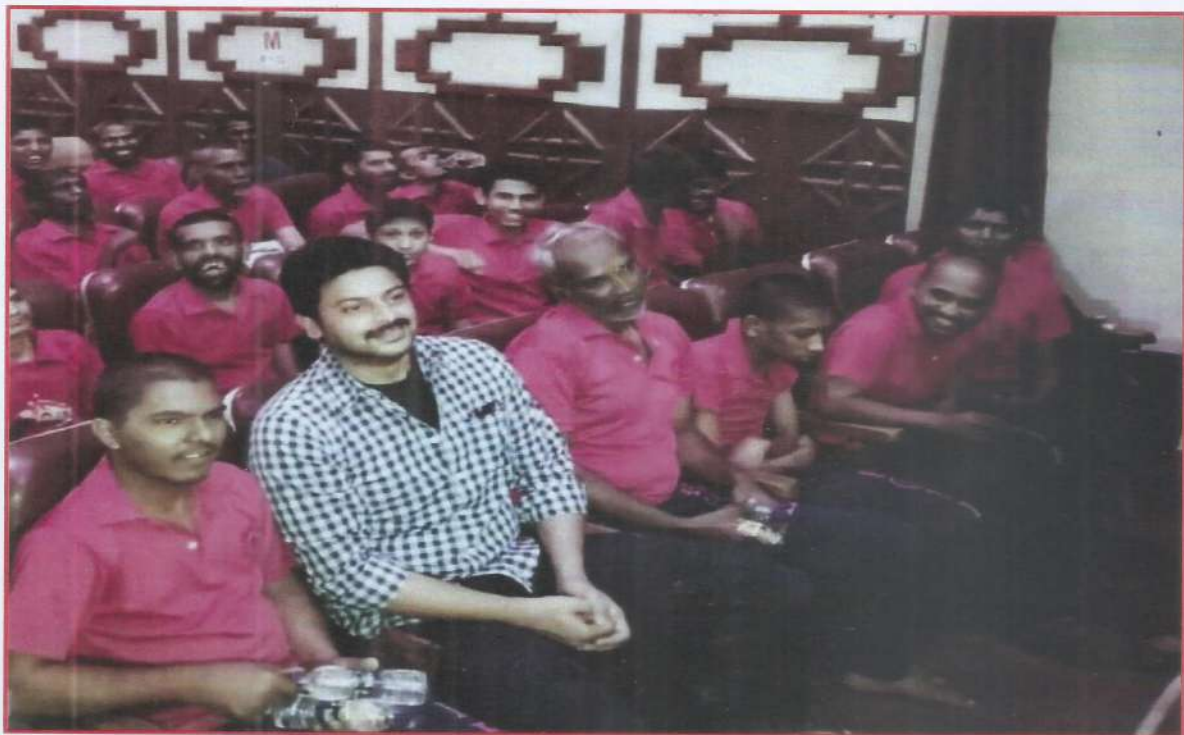


Mrs. Jhansi rani (SI), Mrs. Thilagavathi (SI) and Mrs. Deepa Lakshmi (PC) from F-5 Choolaimedu police station graced the occasion and made our home to feel patriotic. As part of Republic day celebration, flag was hoisted by Mrs. Jhansi Rani, Sub-inspector of Tamilnadu Police department and she delivered the keynote address to our students, staffs and volunteers of various organization.



FEBRUARY 2020 EVENTS

On 2nd February 2020 all children and staff from shelter home went to Albert Theater Egmore and enjoyed the movie show Darbar along with famous celebrity Mr.Srikanth.



In this month students were taken to a film show DOLITTLE were children enjoyed the animation film and their social skills has improved because when interacting with the new person they do have appropriate behavior.



SPECIAL EDUCATION PROGRAM

SKILL TRAINING

In this Academic year students were taught Vocational skills like Computer training, Phenol making, Candle making, Paper bag making, Door hanging making, Seed ball making, Cover making, Photocopier technical training, Weighing machine usage training, Calculator calculation and functional academics and co-circular activities for seven students in which their progresses are discussed and suggestions are given for planning further skills and teach them effectively.

SKILL DEVELOPMENT PROGRAM FOR THE INMATES IN THE SHELTER HOME



VOCATIONAL SKILLS

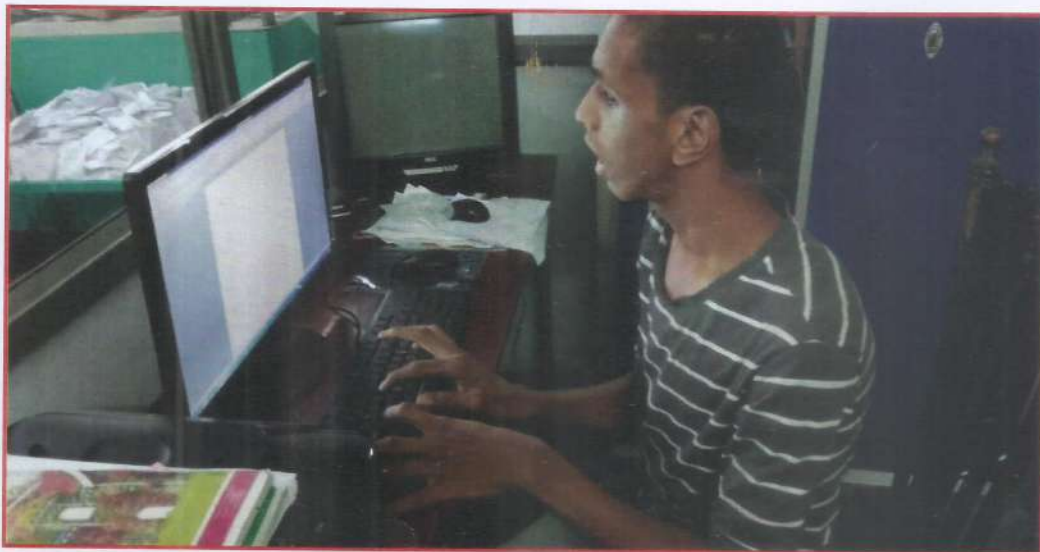
SKILL TRAINING IN GARDENING:

In this year students were trained to take care of the plants by removing weeds, watering the plant as the result of these training it has developed their fine motor skills and it has increased positive behavior, reduced muscle tension, builds endurance and they have also learned to cooperate with their peer group.



COMPUTER EDUCATION:

In this Academic year the students were taught to take printout, save the typed document in the system, Pen drive and the students are also involved to enter the visitors form details in the system. As the result of these training five students were able to do these taught skills with the help of verbal promoting, so students must be given constant training to achieve the next level skills without help.



PET CARE

Students was trained to take care of the pets by feeding the pets cleaning all the utensils in the cage as the result of the these training has improved verbal interaction. Student interaction with a pet is thought to encourage empathy towards other humans and animals. The student interaction with pets tends to improve positive emotions among them.



DOOR HANGING:

In this Academic year the students were trained to do new model door hanging in this students were trained to count the number of beads, to thread the beads and fixing the holders in one end. As a result of these training all the students are able to perform the skill if constant training is given the students can achieve higher level skills.



SEED BALL MAKING:

In this Academic year students were trained to do seed balls by using different seeds i.e. Neem, Banyan and vegetable seeds in these training the skills like mixing the soil with water appropriately and embedding the different seeds in the balls were taught as the result of these training all the students preformed the skills without help so we have planned to do more number of seed balls for sales.



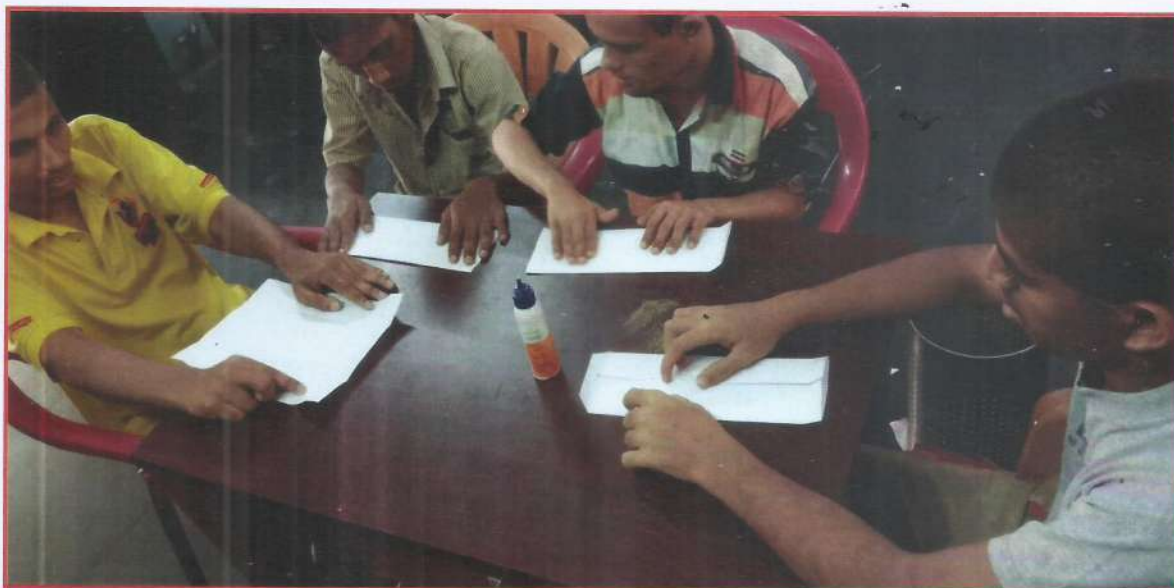
PAPER BAG MAKING:

In this Academic year students were taught to do paper bags as the result of these training the students have learnt folding, pasting the base of the bag, punching and threading the handle.



COVER MAKING:

In this Academic students were trained to do office cover, small sized covers for packing Seed balls in these training skills like folding, pasting and cutting were taught all the students performed the skills with the help of verbal clues so constant training must be given.



WEIGHING MACHINE USAGE TRAINING:

In this Academic year students were trained to use electronic balance as the result of this training they are able to measure solid things which is used in candle making and Sambarani, they also have learnt to measure thing to dispatch the grocery to the catering department. The students apply the learnt skill knowledge without help in general situation.



DOMESTIC SKILL TRAINING:

Students were taught to keep the surrounding clean and to support the care givers by training domestic skills like cleaning and household maintenance. Other responsibilities may include cooking, laundry, shopping for food and other household errands. So constant training must be given to achieve higher level of skills.



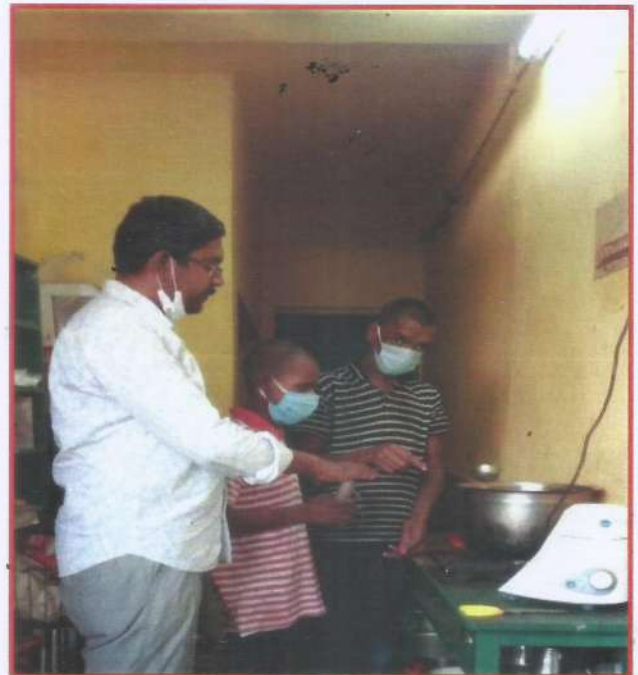
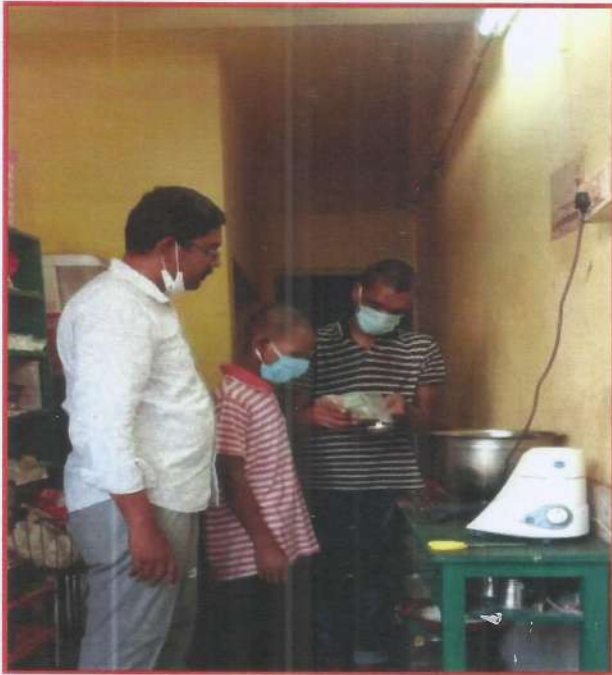
CALCULATOR CACULATION:

In this Academic year for few students the usage of calculator was taught to add the totals in the ledgers as the result of this training the students numbering skill, usage of calculators, record maintaining skill has improved.



CATERING SKILL:

In this month students were trained in some basic catering skills and to prepare Tea which helped to improve catering skills. As the result of this training the student learnt to measure the appropriate Tea herbal power and water to prepare the Tea at a constant temperature. The student shows a special interest in catering skill so we can teach other menu in feature.



PHOTOCOPIER TECHNICAL TRAINING:

In this Academic year students were trained to know about the general awareness of the photo copy machine and the main steps like placing the paper in the appropriate side; selecting the number of copies as the result of this training the students performed the taught skills without help.



INCENSE STICK PACKING:

In this Academic year student was taught to apply the Scent in the incense stick, to count the appropriate number and to pack the sticks in the packets as the result of this training the students are able to do the learned skills without help.



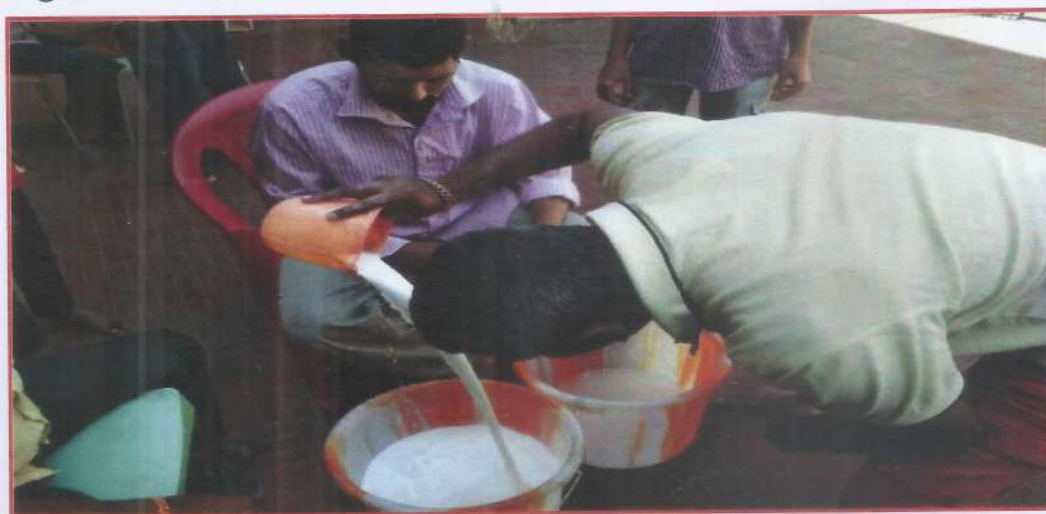
CANDLE PREPARATION:

In this Academic year student were trained to do tea light candles and narrow cylindrical candles by using different sized moulds in this training the following skills like preparation of vessels for melting the wax, measuring the wax, fixing the threads in the mould as the result of this training all the students were able to do without help under supervision but two student needs verbal clue to fix the thread so constant training must be given to that two student to do the skills without help.



PHENOL PREPARATION:

In this Academic year students were trained to prepare phenol in this the following skills like measuring the raw material, measuring the water, mixing the materials appropriately and selling the bottles were taught as the result of this training all the six students were able to do the skills under supervision.



GREETING CARD PREPARATION:

In this year Students were trained in the following skills like making flower with craft paper, assorting the made flower and pasting the flower in the market place. The students were able to do with help.



In this year Students were trained to do lamp shades by using balloons this kind of creative expression benefits for Students with Special needs. It is inspiring and allows a different kind of space for free and creative expression. Art builds self-confidence in a way that children need. It develops listening skills and an ability to work from part-to-whole. This lamp shade has been used in the trace garden in Hope home.



FUNCTIONAL ACADEMICS

MATHS:

In this Academic year students were taught and trained to add, subtract two, three digit numbers so that it helped them to add the purchased bill in application aspect now the students were able to add two, three digit numbers with the help of verbal clues and few students do simple addition with help so students must be given constant training to do simple addition and subtraction without help.

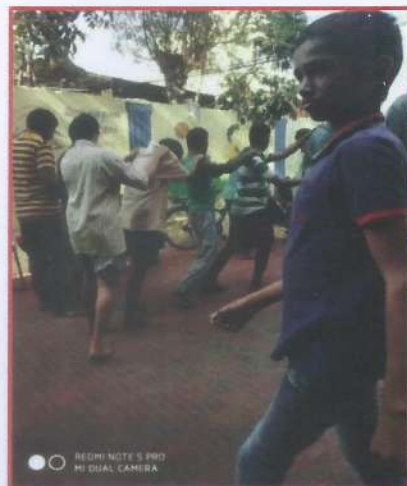
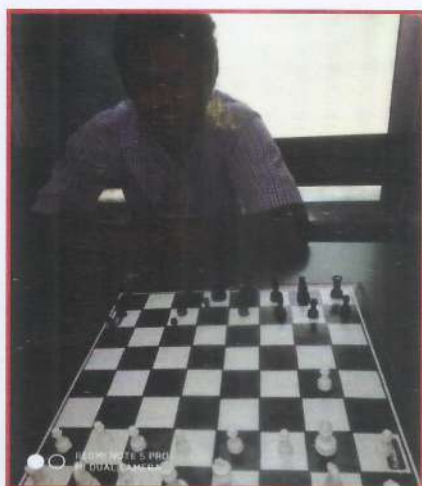
TIME:

In this Academic year students were trained to do the work within the time frame. Now they are able to do the work within the time frame with help so students must be given constant training to do the work within the time frame without help.

CO-CURRICULAR ACTIVITIES

PLAY THERAPY:

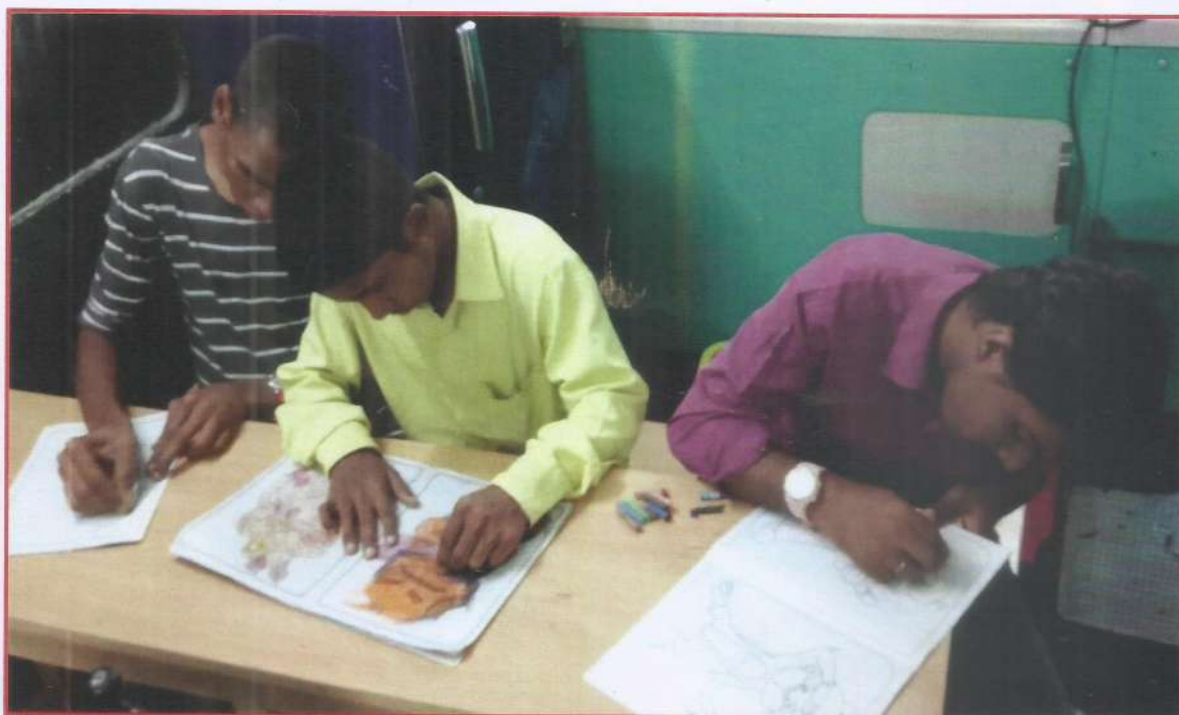
In this Academic year students were taught indoor, outdoor games and exercise which helped to enhance problem-solving attitude and learning ability. Students when explored to nature they acquire new experience by playing. Moreover, it is learning done through play which can be the best form of learning and also helped them to increase their physical stamina.





DRAWING AND PAINTING:

In this Academic year students were trained to paint different pictures in which they are able to select the suitable colour for the picture and also colour them neatly. As a result of this training their creativity, concentration power and attention span were enhanced.



INMATES ACHIEVEMENTS

In the month of November students participated in Roto Talent competition for drawing, dance and fancy dress and due to these exposure social skills has developed and they have got special appreciation for the dance performance.



In the month of March the students participated in fancy dress competition, drawing competition and singing competition contacted by Madras University and our students got medals for their best performance.



JOB EMPOWERMENT

SKILL TRAINING FOR SALES IN THE HANDICRAFT EMPORIUM:

In this year the students were trained to calculate the cost of the items showcased by using calculator and to update the sold items in a stock note as the result of these training the students were able to tell calculate the cost of the items and updates the sold items if constant training is given they can achieve high level skills without help.



Executing marketing skills to sale hand made items



REINTEGRATION & RESCUE

In this year students named Isakki Raj & Bhuvanesh were reintegrated with their families by giving family counseling. Their potentials were explained to the parents and now they have been employed as special employees in a house, shops near their residential place.



Dhanapal was reintegrated with his family and now he works in a shop and supports his family.



***A STUDENT NAMED RITHISH WAS RESCUED FOR STREETS AND WAS ADMITTED
IN THE HOME.***



RESCUE PROGRAM IN PUBLIC PLACES



MEDICAL CARE:

Our organization provides medical care for the inmates to maintain their physical well being



General health checkup for inmates

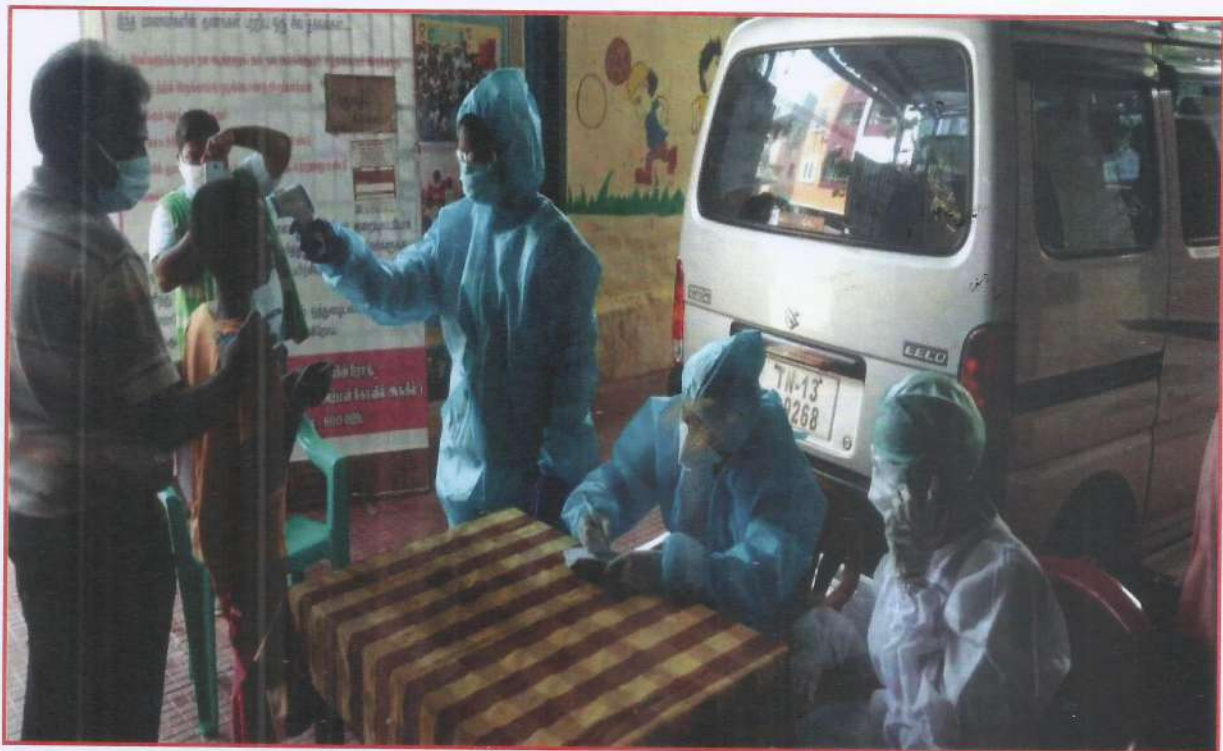


MEDICAL CAMP:

ACS medical college at Chennai offered a medical camp for our children, so, students from our organization attended medical camp as two batches. 53 students attended medical camp on 19.12.2019 and 28.12.2019 along with four faculties of our organization. During camp, students met their medical needs. Our student's undergone Hematological test and blood grouping test. At the end of the camp, students and faculties received instructions to take care about health. Then, medical college offered a lunch for students and faculties.



Mental Camp conducted by Greater Chennai Corporation
Dr. Vyshalee and team



Dental Medical Camp conducted for inmates by Baskar Dental Foundation



Medical Camp conducted by Indian Medical Association



GOVERNMENT OFFICIALS VISITS

On 1st January 2020 on the Celebration of New Year Mr.Dharmaraj Assistant Commissioner of police Triplicane Chennai Donated an LED TV on token of love to our shelter home children. The Same day at the evening 6member a group of student from Loyola college Nūgambakkam staged dance, Silambu, Karakattam performance. Children very well enjoyed the entertainment.



Inspection from Greater Chennai Corporation



Chennai District Rehabilitation Officer's visit



Officials from Greater Chennai Corporation visited the shelter home and appreciated the skill development of our inmates



VIP VISITS

On 8th August 2019 A team of 9 members visited our shelter home from U.K. They observed the programs and management of the shelter home. They also appreciated the Neatness of our home and the discipline of the children.



On 5th November 2019 Lion P.V. Prakash Kumar, Vice District Governor of Lion Club Chennai celebrated his birthday in our shelter home and the inmates enjoyed the occasion.



CELEBRITY VISITS

On 27th July 2019 A Leading actress in Indian Cinema Miss. Sanjana Singh visited our home and enjoyed the program given by our special children and the program was telecasting in media Special appreciation was received from public.



Actress Varalakshmi Sarathkumar conducted awareness camp about organ donation on her birthday at Shelter Home



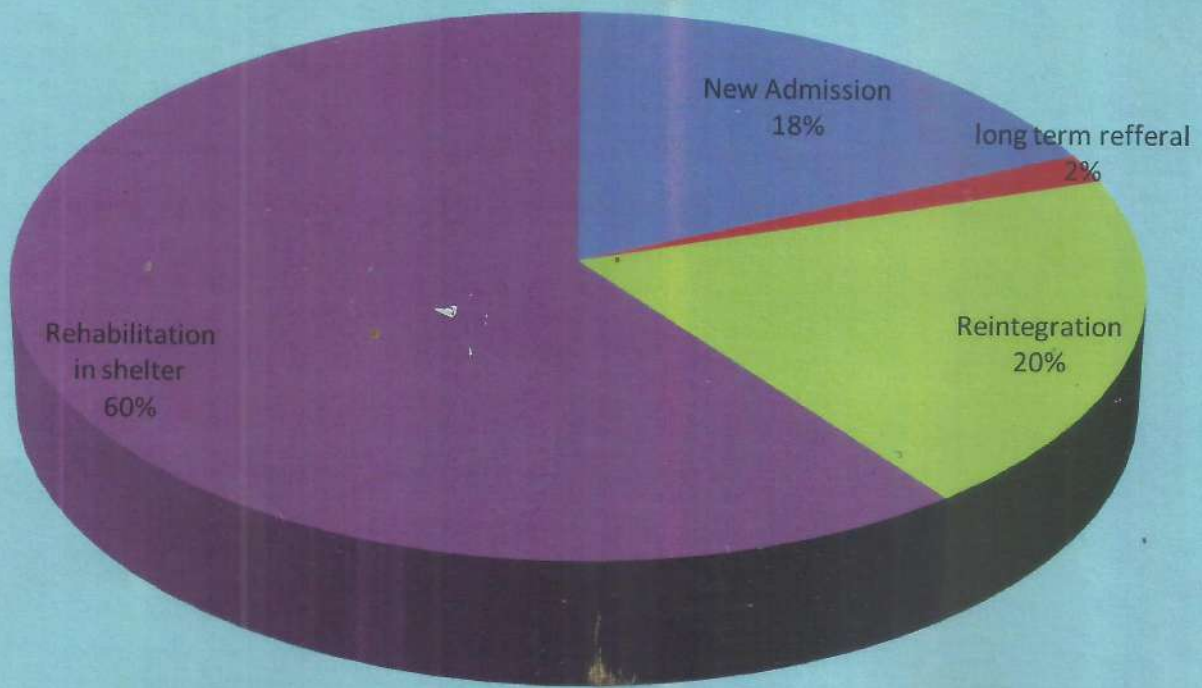
On 10th February 2020 one of the leading Tamil cinema star Dr. Srinivasan (Power star) and his co team members visited our shelter home interacted with our children and celebrated one of the inmates birthday.



Actress Karthika Adaikalam visited our Shelter Home



OVERALL PERFORMANCE



MEDIA ARTICLES



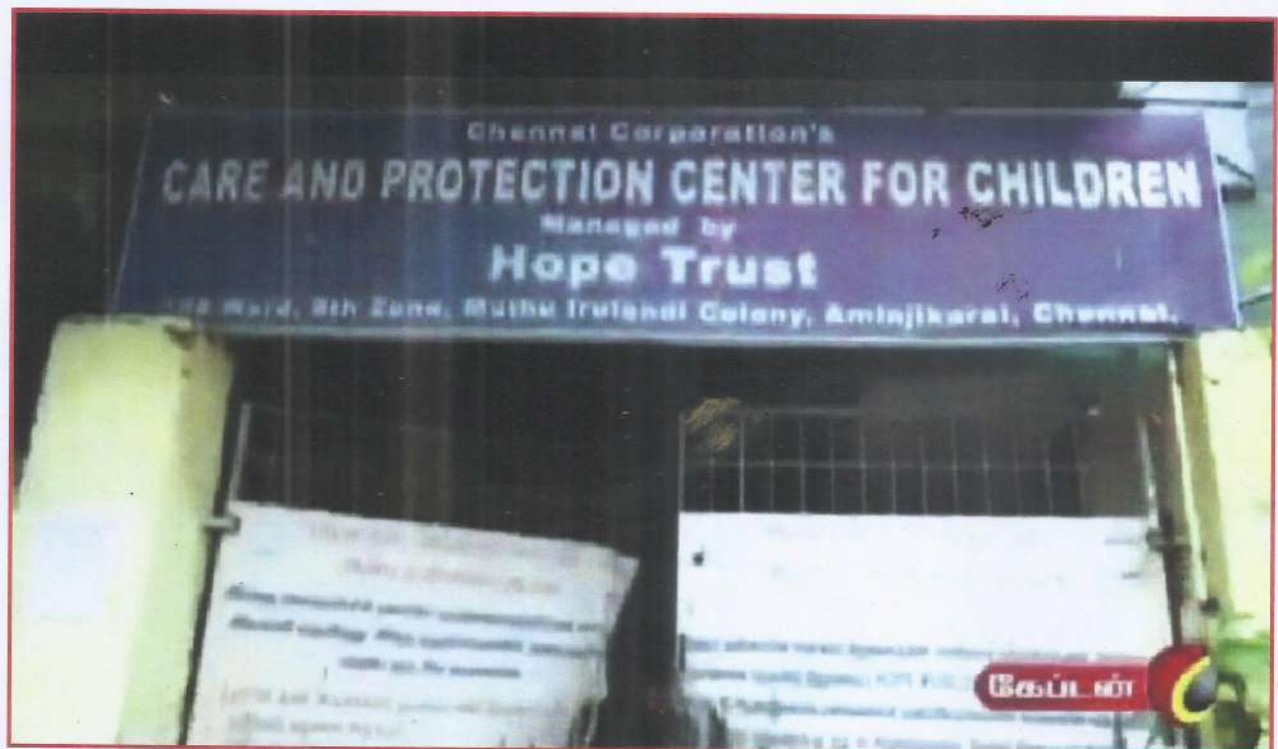
ACTRESS ISHWARYA RAJESH ON 10TH JANUARY 2020 CELEBRATED HER 30TH
BIRTHDAY AT HOPE ORPHANGE @ AMINJIKARAI



JUST IN

குழந்தைகளோடு பிறந்த
நாளாகக் கொண்டாடிய ஐஸ்வர்யா ராஜேஷ்

SPECIAL PROGRAM ABOUT THE SHELTER HOME IN
CAPTAIN TV



SPECIAL PROGRAM ABOUT THE SHELTER HOME
ACTIVITIES IN TAMILAN TV





THE NEW INDIAN EXPRESS

[Home](#) [Cities](#) [Chennai](#)

Challenging time for children with special needs

Kids feel frustrated as schedule goes haywire after lockdown came into effect



Published: 14th May 2020 07:03 AM | Last Updated: 14th May 2020 01:32 PM |



Image for representational purpose only. (Express Illustration)

By **Jayanthi Pawar**

Express News Service

CHENNAI: The lockdown to stop spread of coronavirus has got most of us climbing walls and the going is especially tough for children with special needs, who are lodged in homes and centres. Children with development delays, attention-deficit hyperactivity disorder (ADHD), cerebral palsy and autism need special attention round the clock. They need help with day-to-day activities. But, due to the lockdown the entire schedule has gone haywire and children are finding it hard to adapt, say special educators. "They find it difficult to understand change in routine and why they cannot go for walks or play outside and hug the tutors," said V Rakesh Sharma, a special tutor.

Teaching them to wash hands and maintain social distancing is a tough task. "We introduced these concepts as fun activities. First they would not listen and understand. Then, we started drawing circles and wrote their names and asked them to stand in it. Though, they do not understand the concept, they look at it as a game," he added.

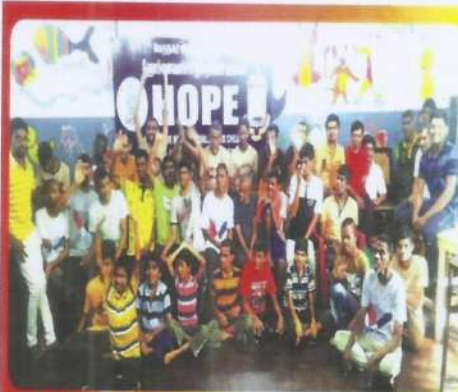
Speaking about different methods educators are adapting, V Rakesh Sharma said normally it takes about three months for the special children to understand. "For instance, it takes three months to understand the colour red. In this learning phase, it takes even more time to understand why their routine has changed. We also engage them with indoor activities like gardening, other board games, helping in the kitchen including segregating vegetables and grocery items.

Another challenge is that they are familiar with one tutor and when there is a change it takes time for them to accept it," he added. To bridge this gap, the children are connecting with tutors via video calls. Another concern is once life returns to normalcy, the routine will again be disrupted and it would take at least another two months for them to cope. Mumtaj, another special tutor working at a home that caters to children with special needs said I am able to visit the home only twice a week due to lack of transportation.

"Though, I try to connect with the children online, they tend to get upset and are finding it difficult to cope with changes," she added. But, most of the tutors ensure they find innovative methods and tasks to engage the children. Another pressing issue is finding donors. Dr V Nagarani, managing trustee, Hope Public Charitable Trust says currently there are about 55 children with special needs and who do not have families. "We had eight special educators, but now we provide a vehicle and only bring in two every alternate day.

Apart from that, we have four staff who stay at the centre, to look after the children. The main issues are transportation for staff and financial constraints. Donations and funds have almost stopped, but through reserves and support from relatives we have been able to manage," added Dr.V.Nagarani. Meanwhile, the State has started providing kits to centres to help children with autism spectrum disorder (ASD) access therapeutic training.

OUR PROJECTS



Care & Protection Center for Abandoned Special Children Aminjikarai



Hope Special School for Intellectually Disabled Children Ambattur



Early Intervention Center for Autism Children Poonamallee



Early Intervention Center Ambattur (0-6yrs for MR Children-Ambattur)



(MOTHERS ACCESS HEALTH, LIVELIHOOD AND ADVOCACY)

MAHLA

MAHLA PROJECT - Special Mothers Ambattur



SHELTER HOME FOR WOMEN WITH MENTAL ILLNESS AT EGMORE



COVID-19 COMMUNITY INTERVENTION PROGRAM
ZONE - 7 UPHC - KORATTUR



UPCOMING PROJECTS
HOPE RESIDENTIAL HOME AND VOCATIONAL TRAINING CENTRE BHOOMI
POOJA AT ANNAMBEDU VILLAGE, PATTABIRAM.





Hope Care and Protection Centre
for
Men with Developmental Disability.

Zone-8, Ward-106, 1st Main
Road, Muthu Irulandi Colony,
Amanjikarai, Chennai-600029